

Models of Addiction (CEUs: 3) This course explores various frameworks for understanding addiction, including biological, psychological, and social models. Participants will gain insights into the different perspectives that shape addiction treatment and recovery strategies. By the end of this course, attendees will have a comprehensive understanding of how these models inform the approach to treatment and recovery planning.

Best Practices and Practical Applications for Groups (3 CEUs) This virtual course focuses on actionable strategies and proven methods for effectively facilitating and managing group sessions. Participants will explore the foundational principles of group work, including how to create a safe and inclusive environment, manage group dynamics, and address challenges as they arise. Through interactive discussions and practical scenarios, attendees will gain insights into techniques that promote engagement, communication, and collaboration within group settings. This session is ideal for professionals working with diverse groups in various contexts who want to refine their skills and approach. Tuesday, January 14th, from 9:30 a.m. to 12:30 p.m. and is worth

Science of Addiction (CEUs: 3) This course delves into the scientific foundations of addiction, examining the neurological, genetic, and environmental factors that contribute to substance use disorders. Participants will learn about the brain's role in addiction, the impact of different substances, and the latest research on effective interventions. The course will equip attendees with the knowledge needed to better understand the complex nature of addiction from a scientific perspective. Wednesday, December 4th 9:30 - 12:30 p.m.

Treating a Disease You've Never Had (CEUs: 3) In this workshop, we explore the challenges faced by treatment providers who do not have personal experience with addiction. The course will provide strategies for building rapport with clients, understanding their experiences, and effectively addressing their needs. Attendees will develop skills to respond to common client concerns and will leave with actionable techniques to improve their practice. Tuesday, March 11th 9:30 - 12:30 p.m.

Activities that Spark Processing and Discussion in Addiction Treatment Groups (CEUs: 3) This course focuses on interactive and engaging activities that facilitate meaningful processing and discussion within addiction treatment groups. Participants will learn how to incorporate these activities into their sessions to encourage deeper reflection and conversation among clients. The course will provide a toolkit of exercises that can be adapted for various group settings, enhancing the overall effectiveness of group therapy. Annual Membership Meeting

Lies, Lies, Lies – Why Clients in Addiction Treatment Lie and Strategies for Dealing with Dishonesty (CEUs: 3) This course addresses the common issue of dishonesty among clients in addiction treatment. Participants will explore the underlying reasons why clients may lie and will learn effective strategies for managing and addressing dishonesty within a therapeutic context. The course will equip attendees with practical tools to foster trust and openness in their client relationships, ultimately improving treatment outcomes. Tuesday, February 11th - 9:30 - 12:30 - Virtual)

Ethics of Supervision (CEUs: 3) This course is designed to provide a comprehensive understanding of the ethical responsibilities involved in supervising licensed professionals, including LPCs, LMFTs, LADCs, and LMSWs. Participants will explore the ethical guidelines and best practices for supervision, focusing on maintaining professional boundaries, ensuring accountability, and promoting the growth and development of supervisees. Special attention will

be given to the unique challenges LADCs face in supervising addiction counselors, particularly in managing dual relationships and addressing relapse prevention within the supervisory process. Attendees will leave with a deeper understanding of their role as supervisors and how to navigate the complexities of ethical supervision in compliance with Oklahoma Licensing Board Standards. Annual Membership Meeting.

Ethics (CEUs: 3) This course offers an in-depth exploration of ethical principles and standards relevant to LPCs, LMFTs, LADCs, and LMSWs in the State of Oklahoma. Participants will review the core ethical guidelines set forth by the Oklahoma Licensing Boards, including issues related to dual relationships, informed consent, and professional competence. For LADCs, the course will delve into specific ethical challenges such as managing client confidentiality in group settings and navigating the ethics of client self-disclosure in addiction treatment. Through case studies and interactive discussions, attendees will examine real-world scenarios to better understand how to apply ethical principles in their practice, reinforcing the importance of ethical decision-making across all disciplines. Virtual (TBD)

Ethics of Confidentiality (CEUs: 3) Confidentiality is a cornerstone of ethical practice for LPCs, LMFTs, LADCs, and LMSWs. This course focuses on the ethical and legal aspects of maintaining client confidentiality within the context of Oklahoma Licensing Board Standards. Participants will explore the nuances of confidentiality, including exceptions to the rule, handling sensitive information, and the ethical implications of breaches. For LADCs, the course will address the unique confidentiality concerns in addiction treatment, such as managing the confidentiality of clients in group therapy and handling disclosures related to substance use. The course will also address challenges related to confidentiality in the digital age, such as electronic records and telehealth. Attendees will gain practical tools to navigate confidentiality issues, ensuring they meet the highest ethical standards in their practice. Thursday, December 12th at 1 p.m. - In person

Building Resilience and Managing Stress: A Holistic Approach to Youth Mental Health, Prevention, and Addictions (2 CEUs)

Session Description: This interactive two-hour workshop provides participants with practical tools and strategies to address mental health, addictions, and co-occurring challenges in youth. Drawing from evidence-based practices in prevention and social-emotional learning, the session focuses on building resilience and managing stress in educational and therapeutic settings. Participants will engage in hands-on activities, such as stress ball making, yoga for kids, and the Tower of Stress Jenga game, all designed to support youth development and promote healthy coping mechanisms. Additionally, the workshop will introduce a new card game and curriculum aimed at fostering social-emotional growth, which can be implemented as a school enrichment program or used in individual and group therapy. Attendees will leave with resources and activities they can incorporate into their practice to help youth develop skills needed to navigate mental health and addiction issues effectively. This session is ideal for youth workers, counselors, educators, and other professionals working in prevention and mental health.